

GOVERNMENT OF ANDHRA PRADESH
HEALTH MEDICAL & FAMILY WELFARE DEPARTMENT

Order No. 80/COVID-19/HM&FW/2020

Date 31.08.2020

COVID INSTANT ORDER -80

Sub:- HM&FW - COVID-19 - Certain Instructions on Contact Tracing, Home Isolation and Sample Testing - Reg.

Ref:- COVID Instant Orders - 41, 61, & 71.

In view of the recent trends of the COVID -19 positive cases reported in the state, in addition to the guidelines issued vide Covid Instant Orders 41,61 and 71, the following additional instructions are issued for strict implementation.

I. Contact Tracing and Containment Zones:

1. For all the Positive Cases declared on a given day, the Primary and Secondary contacts should be tracked and traced within 24 hours i.e. by 7 PM on the next day.
2. All the Primary contacts so traced are to be tested within next 24 hours of tracing them. Such samples shall be tagged in red colour and followed up by the concerned medical officers with the labs to get the results within 24 hours.
3. All primary and secondary contacts shall immediately be put in home quarantine and monitored by the ASHA and ANM for 14 days. The monitoring tool given to Volunteers shall be used by ASHAs to record their visit. Similarly, ANMs shall record the visit in their ANM app.
4. In case any of the Primary contact is tested positive, the triaging must be completed as per the triaging guidelines. MO shall be responsible for triaging. Triaging can be done at a Hospital, CCC, or a standalone triaging facility. MO can also do triaging from his mobile app called MO app. In case under unavoidable circumstances a MO can't visit a positive person for triaging ,he/she can use tele triaging and allocate a positive person to a Hospital, CCC or Home isolation. However, home isolation should be recommended only after due diligence and not routinely. After triaging is done MO shall be responsible to follow up with the Hospital and CCC to ensure smooth admission into the facility. In case home isolation is suggested for any positive person the ANM of the area has to be tied up to the person for daily follow up and for collecting the vitals of the patient. The district call center set up with a team of doctors shall be used to call every patient in home isolation to give

them psychological support every day and to know the medical condition. The patient's vitals shall be collected by this call center team and take corrective action where required.

5. All the symptomatic Secondary contacts are to be tested. If found Positive, triaging process has to be followed as detailed at point 4 above.
6. All the Positive cases identified in the above steps should be mapped either to the Existing Containment zones or New Containment zones within 24 hours of obtaining the result.
7. In case of any Positive case is not traced and not triaged within 24 hours and if the case later develops severe symptoms the Medical Officer will be held responsible.

The district nodal officer for contact tracing shall work closely with the state nodal officer for contact tracing sri Dr. Ramesh PO NUHN(9959727979) and ensure these guidelines are strictly followed.

II. **Home Isolation:**

- After receiving the intimation about a Positive case in his/her jurisdiction, the concerned Medical Officer should decide the place of triaging i.e. Hospital / Covid Care Centre / Stand Alone Centre and get the person triaged. He can himself triage the positive person using MO App. Under unavoidable conditions only tele triaging method should be used.
- Triaging must be done duly following the guidelines as per Covid Instant Order 41. Since this is an extremely critical step personal involvement of MO is mandatory
- Once a case is kept in Home Isolation as decided by the Medical Officer as per the triaging protocol, the details will be forwarded to ANM.
- The home isolated case needs to be contacted by the concerned ANM on daily basis. Under unavoidable conditions tele consultation can be done. However physical visit is compulsory at least once in three days by ANM. The ANM has to update the Vitals of the case daily in the App
- In case of any abnormality is observed in any of the parameters, ANM has to inform the same to the concerned Medical Officer immediately for shifting of the patient to Covid hospital and shift to hospital immediately without wasting time.
- The visits of the ANM to the Home Isolated cases need to be monitored by the respective area jurisdiction Supervisory staff i.e., MPHS/ MPHEO/PHN/CHO in the PHCs of their allotted area and make random visits to the houses.
- Medical Officer should designate the above Supervisory staff Name

wise for their respective area for monitoring of ANM visits to Home Isolated cases and monitor daily about such visits. All essential drugs for home isolated patients shall be supplied by MO through his staff.

- The District medical officers at District level, Dy. DMHOs at divisional level, Medical Officers at Mandal level, Supervisory Cadre in their respective areas, ANM, the Panchayat Secretary and Local police, Village Volunteer/ ASHA at the village level have to be involved in the Home Isolation monitoring.
- Every district shall nominate one nodal officer for home isolation who shall exclusively look after home isolation and he shall be responsible for proper functioning of above system.
- The officers mentioned in annexure I to this order will coordinate with the district nodal officer for home isolation and report daily outcomes to Commissioner Health.

III. Sample Testing:

- The samples collected in the field / PHCs and CHCs are to be sent to the designated Lab on the same day through the dedicated vehicles which were already permitted to the districts as per their route plan.
- Prioritization of samples need to be done as per the Covid Instant Order – 61 while sending the samples to the Lab.
- The priority samples so identified are to be kept in separate box not mixing with other categories.
- DMHO is designated as the Nodal Officer for Rapid Antigen Test Kits under the guidance of JC (Development). They shall be responsible for distribution of rapid antigen kits received from state and proper stocking and usage and shall be accountable for each kit received.

To ensure proper monitoring of RTPCR and TRUNAT Sample Collection and Testing, Dr. Surya Manga Devi, Asst. Director, DPH&FW(9848313399) is appointed as state nodal officer who shall monitor the sample collection process, their proper labelling and to transport to labs on time. She will coordinate with the district nodal officers for sample collection. She will be assisted by the officers given in Annexure-B to this order.



SPECIAL CHIEF SECRETARY TO GOVERNMENT

To

All the Collectors and District Magistrates in the state.

ANNEXURE - A

Name and designation of state level nodal officers for Home Isolation Monitoring			
S.No.	Name of the District	Name of the Co-ordinating Officer	Mobile No
1	Srikakulam	Dr G.Jayasri	9100108475
2	Vizianagaram	Dr Vasantha Kumari	9032215979
3	Visakhapatnam	Dr L.B.S.H..Devi	9000810712
4	East Godavari	Dr Rajendra Prasad	9849902207
5	West Godavari	Dr Uma Devi	9000969611
6	Krishna	Dr Subrahmanyam	8247423437
7	Guntur	Dr Vanisree	7702204847
8	Prakasam	Smt J. Vijaya Lakshmi, DD (NUHM)	9949817187
9	Nellore	Sri Srinivasa Reddy, DD (VS)	8309367566
10	Chittoor	Sri Srinivasa Rao, DD (VS)	9989930444
11	Kadapa	Sri Ravindra Reddy, DD (VS)	9440304182
12	Ananthapuramu	Dr Kameswara Prasad	9032884567
13	Kurnool	Dr Hymavathi	8008040567

ANNEXURE - B

District	Name & Designation of the State Nodal Officer for sample Collection and Testing monitoring	Mobile Number
Srikakulam	Sri Shankar, AO	7013388242
Vizianagaram	Sri Nagaraju, Asst Dir	9247713804
Visakhapatnam	Sri U. Srinivasa rao, AO	7337317022
East Godavari	Sri Shekhar, AO	8179261637
West Godavari	Sri Kumar, AO	7866003643
Krishna	Smt. Padmaja, Supdt (SHTO)	9010058536
Guntur	Smt. Anuradha, AO	9221674506
Prakasam	Dr. Sindhu, APSACS	9052916419
Nellore	Sri Rishikesh, Supdt	6304485551
Chittoor	Smt. Pushpa Leela, Supdt	9440237621
YSR Kadapa	Smt. Neeraja, Supdt	8848902103
Anantapur	Dr. Florance, Medical Officer (SHEB)	8500992992
Kurnool	Sri Ramanath, DD (Mal & Fil)	9177470409